

Women Of Hope

“The Tale of Two Sisters”

“Having a Mary Heart in a Martha World.” by JoAnna Weaver.

*“Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house. And she had a sister called Mary, who also sat at Jesus’ feet and heard His word. But Martha was distracted with much serving, and she approached Him and said, “Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me.” **And Jesus answered and said to her, “Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her.”** Luke 10:38-42 NKJV*

Three Deadly D’s of Worry:

1) _____

The KJV uses the word _____ which is another way of saying distracted.

The Oxford English dictionary defines the word “cumbered” as _____, _____, _____.

Strong’s concordance adds another dimension to the word “cumber”, defining it as “_____”

Satan's tactic is to get our eyes off of _____ and on our _____.

He tries to make us believe that our "_____" lies in the "_____" that surround us.

Rick Warren says, *"When we stay focused on our purpose and not our problem, we can be happy even when life seems to be falling apart."*

If I let myself get distracted by worries of life, my focus then shifts to ME and that's when our 2nd "D" slips in...

2) _____

_____ creeps in as life overpowers us. It causes us to say and do things we would never consider saying or doing otherwise.

When we're distracted and discouraged, tired and overwhelmed, there is no better place to go than to _____.

Psalm 61:2 *"When my heart is overwhelmed, lead me to the rock that is higher than I."*

When we're distracted and discouraged because of the everyday worries of life that we are holding on to, pretty soon the 3rd deadly "D" slips in...

3) _____

Doubting in and of itself is not a _____. It's simply a _____ or _____ that springs up almost involuntarily.

JoAnna Weaver says, *"I'm so glad God isn't threatened by our doubts and questions, our fears and even our frustration. He wants us to trust his love enough to tell him what we are thinking and feeling."*

Doubt left unchecked can lead to _____.

Again in Psalms 62:8, David says, *"Trust in Him at all times, you people; Pour out your heart before Him; God is a refuge for us!"*

We can learn a few things from Martha, as we carry everyday worries and burdens:

1) We can always bring our needs to _____ anytime and anywhere. We can't wear our Savior out. He's never too busy to hear our cries.

2) Jesus really does _____ about our concerns. Today's theme verse, *"Cast your cares on the Lord, because He cares for you."* 1 Peter 5:7

3) Jesus loves us enough to _____ us when our _____ is wrong.

Jesus tells us in Revelation 3:19, *"Those whom I love, I rebuke and discipline."*

He invited the troubled, worried, frustrated Martha to leave her worries and cares and find refuge in Him alone.

Psalm 91:4 says, *"He shall cover you with His feathers, And under His wings you shall take refuge; His truth shall be your shield and buckler."*